

Sure-Fire TEAM BUILDING Ideas

AGENDA

Intro: Who are we?

A little warm-up!

I. The Importance of Team Building

- A. Characteristics of a Healthy Team
- B. Creating that FUN atmosphere

II. Four Easy Steps to a Healthy Team

A. Step One: Discuss with the Team:

1. What does each member need to feel safe giving ideas?

2. What does each member need to be heard?

3. How will we acknowledge that each team member has skills that will assist the team as a whole?

4. How will we reaffirm at each meeting that the TEAM is first; no one member makes or breaks the team?

5. WINNING is defined by our team as

6. What are the ground rules
 - a) For the team? Behavior, Team Effort, Consistent Contribution, Attendance

b) Of the space in which we will work? Food, personal property, level of noise, allowed areas, off limits areas

7. What does the Team Manager need from the team and team parents? What are your 'pet peeves' that need to be avoided?

B. Step Two: PLAY

C. Step Three: PLAY

D. Step Four: CELEBRATE

Great Team Building Activities for Kids

Team Building for Groan Ups

A. Differences from Kids

B. A Question of Perspective

C. Some Sensible Guidelines

D. Some Great Team Building Ideas for Groan Ups at DI training workshops

TEAM BUILDING Ideas for Groan Ups

Team Building for Groan Ups

A. Differences from Kids

1. Sense of play often lost
2. Not sure why they are there
3. Lack of familiarity with situation
4. Lack of familiarity with collaborative work
5. Lack of familiarity with others in group

B. A Question of Perspective

1. Surprising Collection of people
2. Perspectives activity and modifications

C. Some Sensible Guidelines

1. Keep the activity flexible
2. Read the Audience
3. Allow for some to sit out
4. Find ways for all to contribute at their comfort level
5. Allow time for them to communicate
6. Allow them to open up to small group first

D. Some Great Team Building Ideas for Groan Ups at DI training workshops

1. Warm Ups
 - a) Manipulatives while they wait
 - b) Allow for verbal/hands on skills

2. Side Trip Specialties Inventory
 - a) GREAT way to warm them up
 - b) Serves many purposes

3. Paper Bag Activities: Combining familiar with unfamiliar
 - a) Murder Mystery
 - b) Interpol Dossier
 - c) Say something aboutbeing a TM, RD, DI, etc.

4. Improv Activities
 - a) Emotional Introductions
 - b) KidProv video exercises

Perspectives

Current Events

Movies/TV Shows

Music

Fashion

SUSPENSEFULLY

VERY SOFTLY

LIKE AN OLD LADY

ANGRILY

AT THE END OF MY ROPE

SADLY

INCREDULOUSLY

STERNLY

SUSPICIOUSLY

TENSELY

NERVOUSLY

LIKE A BABY

IN A DEPRESSED MANNER

FROSTILY

LIKE A CHEERLEADER

HAPPILY

LIKE A TV NEWCASTER

LIKE AN ADVERTISEMENT

AS A ROCK SONG

IN AN OPERATIC VOICE

MIND-GROWING EXERCISES!!!

1. Put the rest of the alphabet in its proper order:

A E F H I K L M N
 B D G J
 C

2. Which one of the four following words does not belong in this group and why?

ORIOLE ORANGE MONTH OIL

3. What is the next letter in the following sequence?

M A M J J A S O

4. Set up your toothpicks in this pattern. Move just two sticks to produce four identical squares.